

PATIENT SERVICE CENTRES:

Main Lab*

Boyd Building

212-388 Portage Avenue

Hours: 7:30 - 5:30 PM, Monday - Friday

Phone: (204) 944-0757

Fax: (204) 957-1221

Email: lab@centralmed.mb.ca

Autumnwood Medical Centre*	5-1031 Autumnwood Dr	255-7430	Hrs: 9:00-3:00 PM	Monday - Friday
Concordia Health Associates*	102-1155 Concordia Ave	415-0322	Hrs: 8:30-4:30 PM	Monday - Friday
Corydon PharmaPlus*	981 Corydon Ave	453-5772	Hrs: 8:30-4:30 PM	Monday - Friday
Court Lab*	106-1021 Court Ave	338-6124	Hrs: 9:00-4:30 PM	Monday - Friday
Elmwood Lab*	167 Henderson Hwy	667-5166	Hrs: 9:00-4:00 PM	Monday - Friday
Family Matters Clinic*	4-1500 Dakota Health	257-2120	Hrs: 9:00-3:30 PM	Monday - Friday
Four Rivers - Broadway*	647 Broadway Ave	783-1555	Hrs: 9:00-5:00 PM	Monday - Friday
Four Rivers - Main St*	878 Main St	589-0117	Hrs: 9:00-5:00 PM	Monday - Friday
Greencrest*	2750 Pembina Hwy	415-0044	Hrs: 8:30-2:00 PM	Monday - Friday
Health Plus Medical Centre*	1075 Autumnwood Dr	254-4526	Hrs: 8:00-12:30 PM	Monday - Friday
Jefferson Medical*	1553 Arlington St	586-2068	Hrs: 9:00-5:00 PM	Monday - Friday
Leila Medical Centre*	630 Leila Ave	953-2785	Hrs: 8:30-4:30 PM	Monday - Friday
Manitoba Clinic*	Lower Level, 790 Sherbrook St	788-5788	Hrs: 7:30-5:30 PM	Monday - Friday
Markham Professional Centre*	206-2265 Pembina Hwy	269-6168	Hrs: 8:30-5:00 PM	Monday - Friday
McGregor Medical Centre	561 Machray Ave		Hrs: 9:00-1:00 PM	Monday - Friday
Mountain Medical*	585 Mountain Ave	790-5675	Hrs: 9:00-4:30 PM	Monday - Friday
Pan Am Clinic*	75 Poseidon Bay	925-1547	Hrs: 9:00-4:30 PM	Monday - Friday
Parkview Professional Centre*	103-2110 Main St	339-0651	Hrs: 7:30-4:30 PM	Monday - Friday
Riverwood Medical Centre*	1295 Pembina Hwy	452-3345	Hrs: 9:00-5:00 PM	Monday - Friday
Seven Oaks Medical*	1750 Main St	338-1497	Hrs: 8:30-4:30 PM	Monday - Friday
South Sherbrook*	88 Sherbrook St	772-3331	Hrs: 9:00-5:00 PM	Monday - Friday
Spring Meadow Medical	16-1783 Plessis Rd		Hrs: 10:00-1:30 PM & Hrs: 12:00-4:00 PM	Tuesday, Thursday Wednesday
St. James Street Medical Clinic*	1600 Portage Ave	783-0349	Hrs: 8:30 AM-9:30 PM & Hrs: 9:00-6:00 PM	Monday - Friday Saturday, Sunday
St. Vital Medical*	1087 St Mary's Rd	253-1730	Hrs: 8:30-4:30 PM	Monday - Friday
Tache Lab*	404 Tache Ave	233-4023	Hrs: 8:30-5:00 PM	Monday - Friday
Tuxedo Lab*	262-2025 Corydon Ave	488-0352	Hrs: 8:00-4:00 PM	Monday - Friday

If you require blood to be taken, please present to the lab at least 20 minutes prior to closing.

***Glucose Tolerance** testing is available at these locations during specific hours. Please phone for appointment.

Semen Analysis is available only at the Main Lab (Boyd Building) between 9:00 and 3:00 PM Monday - Friday.

Fasting for Blood Glucose: Have **NOTHING** to eat or drink (except a small amount of water) for a minimum of **8 hours BEFORE** your blood is collected, unless otherwise instructed by your physician.

Fasting for Lipids: Have **NOTHING** to eat or drink (except a small amount of water) for a minimum of **12 hours BEFORE** your blood is collected, unless otherwise instructed by your physician.

2 Hr PC Glucose Test: This test requires that you have your blood collected **exactly 2 hours after you started to eat** your meal. After you have completed your meal, do not eat or drink anything (except a small amount of water) until after your blood is collected. Please come back to the laboratory 10-15 minutes before your blood test is due to be collected, and let the lab staff know you have returned for your blood collection.

Housecall Arrangements: Please call 944-0757 ext. 544.